



# Autism Support for Parents from the Specialist Teaching Team for Autism

## Wednesdays Summer 2024



### Fortnightly Topic Talks Summer Term 2024:

**Sleep** Wed 17th April 10-11a.m. online & 1.30-2.30 p.m. in person

**Anxiety** Wed 1st May 10-11a.m. online & 1.30-2.30 p.m. in person

**Managing Meltdowns** 15th May 10-11a.m. online & 1.30-2.30 p.m. in person

**Transitions** Wed 5th June 10-11a.m. online & 1.30-2.30 p.m. in person

**Successful trips out** Wed 19th June 10-11a.m. online & 1.30-2.30 p.m. in person

**Online Safety** Wed 3rd July 10-11a.m. online & 1.30-2.30 p.m. in person

### Fortnightly Phone line (mornings) and drop-in (afternoons) Summer 2024:

Wednesday 10th April 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 24th April 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 8th May 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 22nd May 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 12th June 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 26th June 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday 10th July 9 a.m. -12 noon & 1.30 - 2.30 p.m.

### **Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)**

Topic Talks led by the Specialist Teaching Team for Autism, including time for questions and peer support.

**Virtual: 10-11 a.m. On Microsoft Teams.** Due to confidentiality issues, we will be unable to discuss named children during this time.

**In Person: 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF.**

### **Parent/Carer Phone Line and Drop-in**

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

**Phone line support: 9-12 noon** 20 minutes is allocated per phone call.

**In person drop-in support. 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF**

To **book a 20 minute phone line call** or to book your **virtual place** on a Microsoft Teams **Topic Talk** session, please email your name stating which Topic Talks you would like to book to: [parentcarerautismsupport@york.gov.uk](mailto:parentcarerautismsupport@york.gov.uk) For phone support, we require your name and a contact telephone number for us to call you. We will send you a time slot for your 20 minute call. If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis. **This is an admin email address and we are unable to forward or respond to queries via this email. Bookings close the Thursday before the session. For in person drop-in sessions, you do not need to book and you are welcome to simply arrive on the day.** Please be aware, sessions may be busy and you may need to wait to speak to a member of the team.