



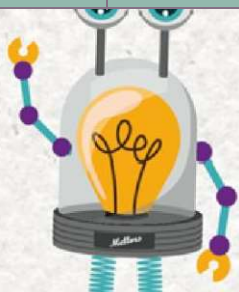


Week 3 w/c 4 th Mar, 8 th Apr, 29 th Apr, 20 th May, 17 th Jun & 8 th Jul	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Tomato Pasta Bake with Cheese	Spaghetti Bolognese (Beef)	Gammon (Pork), Pineapple Slice and Julienne Fries <i>Optional Gravy</i>	Build a Burger Day with Wedges (Beef Burger) 	Crispy Battered Fish with Chips
Option 2	Vegetable Stir Fry with Rice	Vegan Spaghetti Bolognese	Vegan Fillet, Julienne Fries Served with Gravy	Build a Burger Day with Wedges (Vegetable Burger)	Vegan Sausage Roll with Chips
Option 3	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Tuna Mayo or Baked Beans		Jacket Potato with Cheese, Tuna Mayo or Baked Beans	Jacket Potato with Cheese, Tuna Mayo or Baked Beans
Option 4	Cheese Sandwich	Tuna Sandwich		Ham Sandwich	Cheese Sandwich
Accompaniments 	Seasonal vegetables & Salad bar	Seasonal vegetables & Salad bar	Seasonal vegetables & Salad bar	Seasonal vegetables & Salad bar	Seasonal vegetables & Salad bar
Desserts 	Ginger Biscuit, Fruit or Yogurt	Lemon Drizzle Cake, Fruit or Yogurt	Vanilla Ice Cream, Fruit or Yogurt	Chocolate Beetroot Brownie, Fruit or Yogurt	Fruity Friday (extended selection of different fruits) or Yogurt



MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE