



## Ralph Butterfield Primary School – How do we teach PE?

### PE Intent

At Ralph Butterfield Primary School, We aim to develop pupils who will be physically active and can flourish in a range of different physical activities. The aims of our PE curriculum are to develop pupils who:

- Practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance; setting targets for themselves and persevering when competing against others.
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- Enable pupils to understand the importance of Physical Education in respect of a healthy lifestyle. (Knowledge and understanding of fitness and health) and be able to make informed decisions about the importance (and value) of exercise in their lives
- Be given a firm foundation for life-long participation in sporting activity.
- Provide stimulating and challenging opportunities that help to promote physical development which includes leadership and officiating opportunities.
- Enable pupils to actively participate in a wide range of activities with confidence, developing self-esteem through achievement and develop links between the importance of Physical Education and other aspects of the curriculum.
- Take initiative, lead activity and focus on improving aspects of their own performance and those of others as well as developing their own ideas in a creative way.
- Develop positive attitudes towards participation in physical activity and extracurricular sport by providing learning situations in which all pupils will be able to develop their own physical ability.
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.
- Provide pupils with opportunities to become aware and conform to the principles of fair play, demonstrating a good sporting behaviour and learn how to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking.